

MICROPLASTICS IN THE ENVIRONMENT, IN HUMANS, AND THE ROLE OF REGULATION IN LIMITING THEM

SUSANNE BRANDER, PHD

OREGON STATE UNIVERSITY



 BACKGROUND
OCCURRENCE IN FOOD WEBS
TOXICITY
LINKS TO HUMAN HEALTH
MITIGATION AND PLASTICS TREATY



EVERYTHING EVERYWHERE, ALL AT ONCE

Organisms are exposed via a variety of different pathways





FRAGMENTATION

We don't currently have a good way of estimating the long-term impacts of plastic fragmentation to the environment and health.

Microplastics and their smaller counterparts, nanoplastics, are toxic due to both physical and chemical properties.

Gontard et al. 2022, Brander et al. 2024







Olivia Boisen, Masters thesis Sept. 2023



MYCTOPHIDS

Approximately 34% of fish across three species contained particles (20 fish per station, 340 total). The majority were fibers.



SAIP cruise transects

(modified from Suntsov and Brodeur, (2018)

TROPHIC TRANSFER, FOOD WEB IMPACTS



Hildebrand et al. 2021; Torres, Brander et al. 2023

TERRESTRIAL SOURCES OF MPS IN OREGON

- Studying microplastics in biosolids from six regional WWTPs in Oregon
- Also studying fate on a farm that uses biosolids on crops
- So far seeing an average of five particles per 10 grams of dried biosolids, mostly fibers, some plastics such as polypropylene, PETE
- Also evaluating samples from composting and mechanical recycling facilities in collaboration with Oregon DEQ.





WHAT WE KNOW **ABOUT MP IMPACTS**

• Size and shape of particles are important, fibers may be more toxic and more easily transported

- Particles cause oxidative stress, changes in behavior
- "Food dilution" is also a big issue for aquatic organisms
- Many studies still use unrealistic particles



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MILLED PLASTICS (MICROSCALE VS NANOSCALE)







<1 µm

1-20 µm

Polyethylene Terephthalate



Polylactic Acid

<1 µm

1–20 µm

Polypropylene



1–20 µm

<1 µm





1–20 µm

Polyester Fiber

Examples of milled plastics at micro and nanoscale (SEM), aiming to mimic complexity of MNPs in environment

Have generated and tested fibers, tire wear, PLA, PP, PET, etc.

Expose early life stages of fish and invertebrates to particles made in house.



TIRE WEAR MIXTURES WEATHERED VS. NEW

- By the time organisms are exposed to tire particles, they are likely highly weathered, here we compared new to weathered particles from the same CMTT mixture.
- Weathered particles were more readily ingested and had a greater impact on growth.

Raguso et al. in review, Jr. Haz. Mat.



RUBBER TYPES, EFFECTS ON REPRODUCTION





CUNNINGHAM ET AL., 2024, ENV CHEMISTRY

Reproduction was affected by exposure to sublethal concentrations of all three rubber types. Reproductive output was assessed as the number of neonates produced per Daphnia per day and as time to reproduction.

All concentrations of micro-sized rubber particles caused significant decreases in neonate production in comparison to the controls. Offspring from exposed nano-TP parents took longer to start reproducing.



Siddiqui et al. 2023



TEXTILES ARE ALSO A CHALLENGE

Cotton caused similar decreases in growth for mysid shrimp in comparison to polyester and polypropylene fibers. Silverside growth was not impacted by cotton (data not shown).

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Kashiwabara in prep.

EXAMINING MICROFIBER IMPACTS ON COASTAL FOOD WEBS

Image of *H. sculpta* following fiber exposure in lab – Laure

Kashiwabara

Native and lab-reared mysids are being exposed to textiles obtained from a denim factory at different treatment stages (griege, ozonated, chemically treated).

Preliminary results indicate that chemically treated fibers may have a larger impact on behavior, and that native mysids may be more sensitive.

BEHAVIORAL RESPONSES





Noldus ethovision autorecords animal activity and movement, can measure small changes in a variety of behavioral responses.







ACROSS PARTICLE TYPES

New microfibers significantly reduce growth over 21 days in larval fish, some PLA treatments overlap with MFs and TP.





Weathered microfiber activated gene pathways similar weathered nano polylactic acid (bio-based)





TABLE 3 Breakdown of material color, shape, length, and material categories identified via FTIR

| | | Color | | Туре | | | | |
|-----------------------------------|-------------|-------|------|-------|-------|------|----------|----------|
| | White/clear | Black | Blue | Other | Fiber | Film | Fragment | < x size |
| Retail | | | | | | | | |
| Pink shrimp | 271 | 80 | 19 | 3 | 361 | 2 | 11 | 1.024 |
| Black rockfish | 134 | 81 | 81 | 2 | 245 | 1 | 54 | 3.795 |
| Lingcod | 155 | 23 | 50 | 4 | 185 | | 45 | 1.625 |
| Vessel | | | | | | | | |
| Pink shrimp | 321 | 24 | 12 | | 357 | 4 | 24 | 0.477 |
| Pacific herring | 115 | 8 | 22 | | 134 | | 11 | 3.89 |
| Lingcod | 18 | 21 | 5 | 3 | 40 | | 8 | 7.15 |
| Riverine juvenile Pacific lamprey | 116 | 1 | 6 | | 62 | 1 | 62 | 7.73 |

Persorption

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M Cell Uptake

Immune Cell

Microplastic

M Cell

COMMERCIAL FISHERY SPECIES





Paracellular

Tight Junction

Transcytosis



to credits: Chinook salmon, lingcod, pink shrimp, Pacific herring (NOAA Fisheries), black rockfish (ODFW), and lamprey (North Carolina Wildlife Resource Commission).

astics and fibers were all d in fillets (edible muscle tissue).

Traylor et al. in 2024, Lasdin et al. 2023 Brander et al. 2024



Maternal PS-NP exposure caused fetal growth restriction in mice.

•Multiomics were used to reveal the reproductive toxicity mechanism of PS-NP to mice.

•PS-NP generated abnormal cholesterol metabolism and nutrient balance in placenta.

•PS-NP mainly affected fetus by disturbing muscle system and lipid metabolism.

| | $ \land \parallel \land \land$ | | | | | |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------|--|--|--|--|
| | External Experts | croplastic Workshop Participants | | | | |
| | Expertise in mammalian toxicity (e.g. Reproductive) including | tise in the area of oplastic research, analytical, exposure | | | | |
| | and bot hea | alth toxicology | | | | |
| | Expert Judgement | Input to BMDS | | | | |
| | Prioritized studies reviewed and qualitatively assessed according to the following questions: | Screening Level (SL) derivation and sensitivity and uncertainty analysis | | | | |
| | What endpoints (if any) are reliable from each study? Which of the reliable en most translatable for hu | idpoints are man health? | | | | |
| What is the relative weight-of- evidence across the available studies for hazards to humans? Do you believe that any of the studies are reliable enough for (non-regulatory) threshold derivation? | | | | | | |

A meta-analysis conducted to determine the potential for MNP impacts from drinking water exposure was conducted in the state of California in 2020-2022, studies that passed QA/QC saw impacts on male and female reproductive endpoints.

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Coffin et al. 2022







SUMMARY AND FUTURE NEEDS

Particles appear to become more toxic as they decrease in size, and fibers may be more problematic than other morphologies. Growth, reproduction, behavior, and gene expression are impacted across taxa.

Translocation is a major concern, more work is needed to understand the implications of particles becoming entrapped in tissues or cells

Future research needs include:

- 1. Standardized bioassays, and a better understanding of longer-term impacts, many studies are acute or shorter chronic studies.
- 2. More multigenerational studies are needed as are studies that span environmental and human health.
- 3. Analytical approaches to track and detect nano-sized particles in tissues and to understand how associated chemicals may increase toxicity.
- 4. Better understanding of how weathering and biofilm growth influence toxicity for common particle types.
- 5. Strategies for avoiding regrettable substitutions, bio-based plastics are not necessarily safer.
- 6. Mitigation approaches are needed downstream in the short term (filtration), and upstream over the longer term (reduced production).





Sampling stormwater in Depoe Bay

EXPLORING MITIGATION APPROACHES IN OREGON AND WASHINGTON





Filter outreach at Bigfoot's



GLOBAL POLICY

Scientists' Coalition Plastics Treaty

for an Effective The Scientists' Coalition for an **Effective Plastics Treaty is a** network of independent scientific and technical experts contributing summaries and interpretations of scientific knowledge to decision makers and the public involved in the negotiations towards a global plastics treaty.

The Coalition was formed in 2022, following the decision of the United Nations Environment Assembly to start negotiations.

Scientists' for an Effective Coalition Plastics Treaty

(A)

UNEP

Environment

Note by the secr

4 September 202

Original: English

Zero draft text of the international legally binding instrument on plastic pollution, including in the marine environment

Objectives

I. To mobilize a diverse, international and transdisciplinary network of scientific experts to engage with and provide scientific evidence, evaluations, and guidance to government delegations and the wider public throughout treaty negotiations.

II. To identify and address biases, misunderstandings or misrepresentations of scientific data to enable an informed negotiation process.





GLOBAL POLICY

nergovernmental legotiating Committee to verlop an international gally binding instrument plastic pollution, sluding in the marine trionment





NOAA









The PNW Consortium on Plastics is dedicated to conducting reliable, science-based research to uncover the risks associated with micro and nanoplastic particles from land to sea.

Webinar on 4/23 on human health and MPs

www.pnwmicroplastics.org

Instagram: @pnwmicroplastics LinkedIn: Pacific Northwest Consortium



Pacific Northwest **Consortium on Plastics**

